

Sunlake Estates Daily Activities

SUNDAY			TUESDAY			THURSDAY		
9:00 am	Church Service	CH	9:00 am	Ladies Golf		7:15 am	Walking Workout	RC
10:30 am	Water Walking		9:00 am	Water Exercises		8:00 am	Fire Duty	FH
1:00 pm	Cro-Knit	RC	10:00 am	Chair Yoga	RC	9:00 am	Glogging Lessons	CH
4:00 pm	J & J Poker Tournament (4 pm sign-in; 4:30 start)	CR	10:30 am	Water Walking		8:30 am	Pinochle	CR
5:30 pm	Pinochle	RC	10:00 am	Bocce		9:00 am	Water Exercises	
			2:00 pm	Veteran's get-together	RC	10:00 am	Chair Yoga	RC
			6:00 pm	Bingo	CH	10:30 am	Water Walking	
			6:00 pm	Mahjong	RC	1:00 pm	Hand & Foot	CH
MONDAY			WEDNESDAY			1:00 pm	65, Golf & Seat	RC
7:15 am	Walking Workout	RC				2:00 pm	Men's Day	RC
9:00 am	Quilting	CH	7:15 am	Walking Workout	RC	5:30 pm	J & J Poker Tournament (5:30 pm sign-in; 6:00 start)	CR
9:00 am	Water Exercises		9:00 am	Mens Golf League				
10:30 am	Water Walking		9:00 am	Craft Club	RC	FRIDAY		
11:00 am	Line Dancing	CH	9:00 am	Water Exercises		9:00 am	Shuffleboard	
1:00 pm	Bocce		10:30 am	Water Walking		9:00 am	Water Exercises	
3:00 pm	Pegs 'n Jokers	RC	1:00 pm	Bridge	CR	10:30 am	Water Walking	
4:30 pm	Ceramics	RC	2:00 pm	Ladies Day	RC	12:30 pm	Mahjong	RC
6:00 pm	Hold'em/Omaha	CR	4:30 pm	Ceramics	RC	6:00 pm	Card Games	RC
6:00 pm	Euchre	RC	6:00 pm	Hold'em/Omaha	CR	7:00 pm	Music & Dancing	RC
6:30 pm	Chair Yoga	CH	6:30 pm	Pegs 'n Jokers	RC	SATURDAY		
						9:00 am	Open Golf - 9 am tee time	
						10:30 am	Water Walking	
						6:00 pm	Tex Hold'em	RC

Please send all changes, additions, deletions to:
SunlakerNews@gmail.com